

# ParaKit

## Ivermectin – Fenbendazole – Praziquantel

*The Ivermectin capsules contain 20mg  
The Fenbendazole capsules contains 222mg  
The Praziquantel capsules contain 400mg*

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### **ADULTS - 1 Week Parasite Cleanse program (every day for 7 days )**

Ivermectin – 1 capsule in the morning , 1 capsule in the evening

Fenbendazole - 1 capsule in the morning, 1 Capsule at lunch, 1 capsule in the evening

Praziquantel – 1 capsule in the morning, 1 Capsule at lunch, 2 capsule in the evening

**Take them combined at their respective times**

### **ADULTS - 3 Week Parasite Cleanse program**

**(every day for 7 days, then two days rest. Repeat, then Repeat one more time. So you had 3x 7 days of program )**

Ivermectin – 1 capsule in the morning , 1 capsule in the evening

Fenbendazole - 1 capsule in the morning, 1 Capsule at lunch, 1 capsule in the evening

Praziquantel – 1 capsule in the morning, 1 Capsule at lunch, 2 capsule in the evening

**Take them combined at their respective times**

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*When doing these Programs, you may experience abdomen discomfort, increased bowel movement, diarrhoea (stay hydrated when diarrhoea occurs), headaches and Fatigue in strong cases. These symptoms are often temporary and are signs of expelling parasites and their toxins from the body.*

### **Symptoms of Parasites in the body**

- Constipation
- Rectal Itching
- Sinus Congestion
- Headaches
- Teeth Grinding
- Skin rashes and issues
- Nail biting (White marks on nails is zinc deficiency. Parasites love zinc)
- Iron deficiency (Parasites consume Iron)
- Recurring Infections (Parasites disrupt the immune system and let infections take over)
- Restless sleep